



HYTHE REGIONAL SCHOOL
Box 420
Hythe, AB T0H 2C0

Phone: (780) 356-3934
"Educating for the Future"

March 14, 2019

Hello Alan,

HRS is so grateful to NuVista for the continued support since 2015. Every year that you donate to our Breakfast Program is an opportunity for our students to thrive. Research shows that students who have fed their brain first thing in the morning are able to think more clearly and make better decisions in regards to their personal choices, both behavior and educational. We have witnessed that when students have something nutritional in their stomachs, they are in a better frame of mind and are able to make rational choices and decisions. We have noticed that the negative behaviors diminish when they start their mornings with breakfast. Our students have typically proven these facts and we are grateful for the opportunity you have given them.

Sincerely,
Patti Nichol
Assistant Principal, Hythe Regional School